

MONTY'S		NEPALESE CUISINE	
TRADITIONAL NEPALI DISHES (STARTERS)		CURRY DISHES	
MOMOCHA	4.50	CURRY (Medium) (M)	
Steamed chicken or vegetable dumplings of Newari origin, served with roasted tomato chutney and sesame seed. (C) (D)		Chicken Curry	8.25
		Lamb Curry	8.35
		Prawn Curry/ King Prawn Curry (S)	9.10/ 13.75
CHHOELA	5.75	MADRAS (Hot) (M)	
BBQ chicken with Nepalese spices, cooked in mustard oil, ginger & garlic sauce.		Chicken Madras	8.65
		Lamb Madras	8.85
		Prawn Madras/ King Prawn Madras (S)	9.75/ 13.75
HAANS KO SEKUWA	6.50	VINDALOO (Very hot) (M)	
Marinated duck morsels, chargrilled with medium spices.		Chicken Vindaloo	8.65
		Lamb Vindaloo	8.85
		Prawn Vindaloo/ King Prawn Vindaloo (S)	9.75/ 13.75
MACHHA POLEKO	8.95	KORMA (Mild) (M)(N)	
Marinated salmon with ginger & garlic, flavoured with mustard sauce and carom seeds. (F)		Chicken Korma	8.65
		Lamb Korma	8.85
		Prawn Korma (S) / King Prawn Korma (N)(S)	9.75/ 13.75
CHARA KO ACHAAR	6.50	SAG Curry served in a spinach sauce (M)	
Warm pickled chicken salad with spring onion, garlic and coriander.		Sag Chicken	8.65
		Sag Gosth	8.85
		Sag Prawn (S)/ Sag King Prawn (S)(N)	9.75/ 13.75
TRISHULI JHINGA	8.95	BHUNA Curry Stir fry (M)	
Delicious prawns, prepared home style with medium spices and fenugreek dressing. (T)		Bhuna Chicken	9.50
		Keema Bhuna (Minced lamb)	9.50
		Bhuna Gosth	9.85
		Prawn Bhuna/ King Prawn Bhuna (S)	10.25/13.75
LOBSTER SAMOSA	7.25	KALIA Curry with potato and a fenugreek sauce (M)(N)	
Spiced lobster and mixed vegetables wrapped in a flaky pastry, served with tamarind chutney. (S)(C)		Chicken Kalia	8.65
		Lamb Kalia	8.85
SQUID RINGS	6.50	DOPEAZA (With onions) (M)	
Spiced squid with hint of lovage seeds. (S)		Chicken Dopeaza	8.65
		Lamb Dopeaza	8.85
CHICKEN CHILLI	6.50	DHANSAK Hot, sweet & sour curry with a lentil sauce (M)	
A speciality of Kathmandu valley, spiced with ginger, garlic, soya sauce and cumin, slightly hot. (C)		Chicken Dhansak	9.75
		Lamb Dhansak	9.95
ACHARI LAMB	6.75	ROGAN Curry with tomato based sauce (M)	
BBQ lamb in pickled spices, slightly hot.		Chicken Rogan	9.50
		Rogan Josh	9.75
PANEER CHILLI	5.75	KEEMA CURRY Spiced minced lamb (M)	
Home made cheese spiced with ginger, garlic, soya sauce and cumin, slightly hot. (C)(M)		Keema curry	8.25
		Keema curry with peas	9.50
		PATIA Hot, sweet and sour curry (M)(S)	
		Prawn/ King Prawn	10.25/13.75
MONTY'S SPECIALS		BIRIYANI	
FRESH CATCH OF THE DAY	12.75	Cooked with Basmati rice and served with curry sauce	
Rainbow trout, marinated in Nepalese spices, served with tomato chutney. (F) (M)		VEGETABLE BIRIYANI (M)(N)	11.75
STAFF'S SPECIAL	10.25	MUSHROOM BIRIYANI (M)(N)	11.75
Choice of chicken or lamb cooked in a bean stew in traditional Newari style. (M)		CHICKEN BIRIYANI (M)(N)	12.25
KATHMANDU CHICKEN	10.75	LAMB BIRIYANI (M)(N)	12.25
Kathmandu cites' most popular chicken dish, delicate and delicious, cooked with mashed aubergine.		PRAWN BIRIYANI (M)(N)(S)	12.75
PAHADI CHICKEN/LAMB	10.75	KING PRAWN BIRIYANI (M)(N)(S)	14.75
Tender boneless chicken or lamb cubes, spiced up with pounded black pepper & coriander seeds. (M)			
NUTTY LAMB	10.25		
Diced lamb served in a cashew nut based mild creamy sauce with saffron. (M)(N)			
LAMB MAHARANI	10.25		
Lamb meat balls in tangy tomato sauce. (M)			
KAALO DAAL	7.25		
Classic Newari dish of black lentils, kidney beans, tomatoes, ginger & garlic, simmered overnight on a slow charcoal fire and finished with cream. (M)			

MONTY'S

NEPALESE CUISINE

MONTY'S SPECIALS	
NEPALESE MURGH MASALA	10.75
Chicken on/off the bone with mild creamy sauce. (M)(N)	
NEPALESE MEAT MASALA	10.50
Boneless lamb with tomato based creamy sauce. (M)(N)	
NARGIS KEEMA	10.50
Minced lamb with tomato based creamy sauce. (M)(N)	
METHI GOSTH	10.50
Boneless Lamb with fenugreek spices. (M)	
TANDOORI BUTTER CHICKEN	11.50
Chicken on/off the bone with tomato based thick creamy sauce and served hot, medium or mild. (M)(N)	
TIKKA MASALA (M)(N)	
Curry with a tomato based creamy sauce	
Chicken Tikka Masala	10.70
Paneer Tikka Masala (D)	7.95
LAMB BADAM PASANDA	10.75
Boneless lamb with tomato based creamy sauce. (M)(N)	
MOGLAI CURRY	9.50
Choice of chicken or lamb with almonds & egg in mild creamy sauce. (M)(N)(E)	
CHICKEN JALFRIZI	£10.50
Breast of chicken with onion, capsicum and touch of yoghurt. (M)	
SHAHI KORMA	9.50
Mild lamb in creamy sauce with fruits (M)(N)	
BEGUM BAHAR	10.50
Medium spiced chicken covered with minced lamb. (M)(N)	
TANDOORI DISHES	
TANDOORI CHICKEN	
Tendered on the bone chicken prepared with medium spices. (M)	
HALF - Two pieces	8.25
FULL - Four Pieces	13.50
CHICKEN TIKKA	9.25
Boneless chicken pieces flavoured with medium spices (M)	
SHASHLICK	10.25
Boneless chicken flavoured with special spices with onions, capsicums & tomatoes	
LAMB TIKKA	9.35
Boneless lamb pieces flavoured with medium spices. (M)	
HASINA	10.35
Boneless lamb flavoured with special spices with onions, capsicums & tomatoes. (M)	
SHEEK KEBAB	9.25
Minced lamb, mixed with various spices. (M)	
PANEER TIKKA	7.50
Marinated homemade cheese flavoured with medium spices. (M)(D)	
TANDOORI MIXED GRILL	13.50
Mix of tandoori chicken, chicken tikka, lamb tikka, sheek kebab and king prawn. (M)(S)	
TANDOORI KING PRAWN	15.25
King prawns flavoured with various spices (M)(S)	

TANDOORI KING PRAWN COCKTAIL	15.75
King Prawn in mild creamy sauce. (M)(N)(S)	
TANDOORI CHICKEN (DRY FRY)	11.95
Tandoori chicken served on or off the bone in a thick tomato based creamy sauce. (M)(N)	
VEGETARIAN DISHES	
MIXED VEGETABLE CURRY (Medium) (M)	5.45
MIXED VEGETABLE MADRAS (Hot) (M)	5.45
MIXED VEGETABLE KORMA (Mild in creamy sauce) (M)	5.45
VEGETABLE BHAJEE Medium stir fry (M)	5.45
Mixed Vegetable Bhajee	
Mushroom Bhajee	
Bhindi (Okra) Bhajee	
Brinjal (Aubergine) Bhajee	
Cauliflower Bhajee	
Sag Bhajee	
ALOO GOBI (Potato and cauliflower) (M)	5.45
BOMBAY ALOO (Potato) (M)	5.45
SAG PANEER (Spinach and cheese) (M)	5.45
PANEER TIKA (M) (D)	7.50
Marinated homemade cheese flavoured with medium spices	
CHANA MASALA (Chick Peas) (M)	5.45
TARKA DAL (Yellow Lentils) (M)	5.45
SAG ALOO (Spinach and Potato) (M)	5.45
MUTTAR PANEER (Cheese and peas) (M)	5.45
VEGETABLE SPECIAL	6.25
Mixed vegetables in a spinach based sauce. (M)	
VEGETABLE MASALA	6.95
Mixed vegetables in a tomato based creamy sauce. (M)(N)	
ALOO CHAAT	6.95
Mix of potato, cucumber and green chillies.	
TANDOORI BREADS	
All breads are hand made and baked to order in our clay oven.	
NAN Leavened Tandoori bread (C)(E)	
Plain Nan or with butter	2.95
Peshawari Nan - Stuffed with vegetables and covered with cashew nuts(N)	3.50
Garlic Nan - Stuffed with fresh garlic & coriander	3.50
Kulcha Nan - Stuffed with vegetables & garnished with coriander	3.50
Keema Nan - Stuffed with minced lamb	3.50
PARATHA Layered Tandoori Bread	
Plain Paratha	3.25
Stuffed Paratha (Vegetable)	3.50
ROTI (CHAPATI)	
Unleavened whole wheat Tandoori bread	2.75

# WONTY'S

NEPALESE CUISINE

## SIDES AND CONDIMENTS

PLAIN BASMATI RICE	2.95
PILAO RICE (Basmati) (M)	3.50
MUSHROOM RICE (M) (N)	4.50
PEAS PILAO RICE	4.50
With peas and egg (M) (N) (E)	
ONION BHAJEE (E)	3.75
VEGETABLE SAMOSA	3.50
RAITA (M)	2.50
PAPADUM (plain or spicy)	0.60
PICKLE & CHUTNEY	0.60
Take away or eating in per person	

N=Nuts, E=Eggs, F=Fish, D=Seasame Seeds, T=Mustards,  
C=Cereals containing gluten M=Dairy Products, S=Crustaceans  
All food cooked with GM Soya Oil

Please speak to your server regarding any allergy concerns. Whilst every effort is made, we cannot guarantee that each dish is free from traces of allergens.

All prices inclusive of VAT

TAKE AWAY HOTLINE 020 8549 6118.

FREE HOME DELIVERY (3 MILES RADIUS) ON ORDERS OVER £15  
(LAST ORDER 10pm)

DELIVERY TIMES SUBJECT TO TRAFFIC CONDITIONS.

FREE BOTTLE OF BEER 650ml ON ORDERS OVER £20 ON COLLECTION